



TABLE OF CONTENTS

Expectations and Guidelines	Page 2
Sign-Up Information	Page 3
HELP SESSIONS	
6 th Grade Math Help	Page 4
Navigators' Help Session	Page 4
Explorers' Help Session	Page 4
7 th Grade Math Help Session	Page 4
Champions' Help Session	Page 4
Trailblazers' Help Session	Page 4
8 th Grade Math Help Session	Page 5
Westside Wildcats' Help Session	Page 5
Eastside Pride Help Session	Page 5
Visual Arts Open Studio	Page 5
French Help Session	Page 5
Orchestra Practice Club	Page 6
FINE ARTS	
Chamber Orchestra	Page 6
Con Brio	Page 6
Drama Club	Page 6
Fall Play	Page 7
Improv Team	Page 7
Jazz Band	Page 7
Spring Musical	Page 7
Variations	Page 8
Wind Ensemble	Page 8
CLUBS	
AAMP Tutoring	Page 8
Academic Challenge	Page 9
Art Club	Page 9
Chess Club	Page 9
Eclectic Club	Page 9
Read, Right, Run	Page 9
Reading the Nominees	Page 10
Stream Team	Page 10
Student Council	Page 10
Yearbook Club	Page 10
INTRAMURALS	
Wrestling	Page 11
Cross Country	Page 11
Fleetball	Page 11
Basketball	Page 11
Volleyball	Page 12
Soccer	Page 12
Track & Field	Page 12
Bus Routes	Pages 13-16

AFTER SCHOOL ACTIVITIES EXPECTATIONS & GUIDELINES

1) **"EVERYTHING WE DO, WE DO WITH RESPECT!"**

When we attend tournaments/meets, we represent SWM and we need to demonstrate our best sportsmanship. With this comes the expectation that all students perform at their highest level during all activities.

2) Any student assigned to In-School Suspension (ISS) or Out-of-School Suspension (OSS) **may not attend** intramural sports **until the day after** that suspension is completed.

3) **To represent SWM at tournaments/meets you must-**

- A) be in good academic and behavioral standing
- b) be in attendance for weekly intramural activities
(ONE excused absence only; note from teacher (help session) or parent is required; doctor's appt., family emergency)
- c) wear the SWM t-shirt (on sale in the school store) for tournaments/meets

4) Follow the **CODE OF EXPECTATIONS**

- a) **BE ON TIME**
- b) **SHOW GOOD SPORTSMANSHIP**
 - Respect for self, others (students, every adult), and equipment
- c) **FOLLOW DIRECTIONS**
 - Everyone must sign up for activity in advance during your lunch period
 - Sit in assigned squads
 - BE PREPARED to learn the skills and rules of the intramural sport

5) **HELP SESSIONS**

- Take priority over intramural sports (session required by your teacher)
- ONE excused absence; note required from teacher.

6) **CONSEQUENCES**

- If you do not follow the Code of Expectations, you may not participate in the present sport and/or not participate in the next intramural sport
- If you do not sign up at lunch, you may not participate.

7) In order for students to participate in any after school activities, they must be in class for at least half of the school day. This means, they need to be in school at least until 11:30 a.m. or arrive to school no later than 11:30 a.m.

8) When in doubt, always refer back to #1:

AFTER SCHOOL ACTIVITIES SIGN-UP INFORMATION

➤ **3:10-4:30 P.M. (Immediately following dismissal, go to your activity)**

Students will begin loading buses at about 4:30. The buses will stop close to the student's home but will not be making as many stops as the regular bus runs. Please see the bus schedules located in the back of this booklet.

HOW TO SIGN UP FOR AN AFTER SCHOOL ACTIVITY

- The After School Activity Booklets are distributed to students during the first month of school. Each student will receive a copy to take home. The booklet is also on our school website.
- Look in the After School Activity Booklet and find the club or activity that you are interested in joining.
- Talk to the sponsor (teacher, counselor, librarian) about the requirements of the club or activity.
- Most clubs and activities have the meeting dates listed in the booklet.
- **BE SURE TO SIGN UP FOR ACTIVITIES DURING LUNCH** and pay the fee (at the school store) if it is required! Checks payable to Southwest Middle School. Most activities do not have a fee.
- The Daily Announcements will let students know of new clubs/activities and of any cancellations/changes. Students need to be sure to listen to the announcements each day.

Students should talk to the sponsor of the activity or club if they are interested in participating!



HELP SESSIONS

6th Grade Math Help

Sponsors: Mr. Bradley, Mrs. Brauss, and Ms. Mandula

Location: Rooms 100 and 101

Meeting Days: Mondays and Thursdays

Starting Date: First day of activities

Ending Date: Last day of activities

Description: These sessions will provide a quiet space to complete homework assignments and will offer teacher assistance for students wanting help to understand mathematical concepts.

Navigators' Help Session

Sponsors: Mr. Caltagirone, Ms. Byrd, Mr. Daniels, Mrs. Kilcullin

Location: Navigators' Rooms

Meeting Days: Wednesdays and Thursdays

Starting Date: First day of activities

Ending Date: Last day of activities

Description: Students will be working with teachers to gain a deeper understanding of class material. This help session is only open to students on the Navigators' team.

Explorers' Help Session

Sponsors: Ms. Hinton, Ms. Frisch, Ms. Earley, and Mrs. Cerutti

Location: Explorers' Rooms

Meeting Days: Mondays, Wednesdays, and Thursdays

Starting Date: September 14

Ending Date: April

Description: Explorers' teachers will stay after to provide homework help, catch up on assignments, and to further explain/teach concepts.

7th Grade Math Help Session

Sponsors: Mr. Kreinberg and Mrs. Gagliano

Location: Rooms 204 and 206

Meeting Days: Mondays and Wednesdays

Starting Date: September 7

Ending Date: Last day of activities

Description: This math help session is only open to 7th grade students. Students can stay after to receive assistance on homework or to receive further math instruction. Hope to see you there!

Champions' Help Session

Sponsors: Champions' Teachers

Location: Champions' Rooms

Meeting Days: Mondays and Wednesdays

Starting Date: September 7

Ending Date: Last day of activities

Description: Champions' students will have the opportunity to stay after school and receive extra assistance with classwork from their core teachers.

Trailblazers' Help Session

Sponsors: Trailblazers' Teachers

Location: Trailblazers' Rooms

Meeting Days: Mondays and Thursdays

Starting Date: September 8

Ending Date: Last day of activities

Description: The Trailblazers' help session is open to all Trailblazers' students. In this quiet help session, students will receive extra support with their assignments and understanding of concepts.



8th Grade Math Help Session

Sponsor: Ms. Koch

Location: Rooms 304 and 306

Meeting Day: Wednesdays

Starting Date: September 7

Ending Date: Last day of activities

Description: This math help session is only open to 8th grade students. Students can stay after to receive assistance on homework or to receive further math instruction.

Westside Wildcats' Help Session

Sponsors: Wildcats' Teachers

Location: Room 302

Meeting Day: Mondays

Starting Date: September 13

Ending Date: Last day of activities

Description: If you need additional assistance with homework/classwork, please sign up for the Westside Wildcats' Help Session!

Eastside Pride Help Session

Sponsors: Eastside Teachers

Location: Eastside Rooms

Meeting Day: Wednesdays

Starting Date: September 7

Ending Date: May

Description: Please stay after school for this help session to receive extra assistance with classwork and homework.

Visual Arts Open Studio

Sponsor: Ms. Waelder

Location: Room 709

Meeting Day: Wednesdays

Starting Date: September 7

Ending Date: Last day of activities

Description: Students may come to the art room on Wednesdays if they are in need of extra help on an art assignment or if they need more time to complete an art piece.

Spanish Help Session

Sponsor: Ms. Henselmeier

Location: Room 412

Meeting Day: Some Thursdays

Starting Date: September 8

Ending Date: May 10

Description: Students enrolled in Spanish A or B classes can come in on the following dates to get extra help, prepare for tests and quizzes and re-take tests and quizzes. Spanish help sessions will be held every 2nd and 4th Thursday of the month, with some exceptions. The following planned dates are subject to change: 9/8/11, 9/22/11, 10/13/11, 10/27/11, 11/10/11, 11/17/11, 12/8/11, 12/15/11, 1/12/12, 1/26/12, 2/9/12, 2/23/12, 3/8/12, 3/29/12, 4/12/12, 4/26/12, 5/10/12.

French Help Session

Sponsor: Mr. Vakharia

Location: Room 410

Meeting Day: Wednesdays

Starting Date: September 8

Ending Date: Last day of activities

Description: This help session is open to all students enrolled in a French class. This help session provides students with an opportunity to increase their understanding of the material taught in class by focusing on individual instruction to help students with their particular needs.



Orchestra Practice Club

Sponsor: Ms. Lueken

Location: Room 705

Meeting Day: Thursdays

Starting Date: September 15

Ending Date: May 14

Description: Practice club is open to any student currently enrolled in an orchestra class. Students have the opportunity to practice individually or with friends. Students can also receive extra help from Ms. Lueken.

FINE ARTS

Chamber Orchestra

Sponsor: Ms. Lueken

Location: Room 705

Meeting Day: Wednesdays

Starting Date: Auditions September 7

Ending Date: May 16

Description: The Chamber Orchestra is an audition-based honor orchestra. Students may be in 6th, 7th, or 8th grade to participate. Students who are not in an orchestra class must be in another school music class to be eligible to audition. Obtain an audition packet from Ms. Lueken starting the week of August 22nd. Sign up for an audition with Ms. Lueken. Rehearsals will start once auditions are completed (probably by September 14th).

Con Brio

Sponsor: Mrs. Kaibel

Location: Room 704

Meeting Day: Mondays

Fee: \$10 for t-shirt

Starting Date: September 19

Ending Date: April 23

Description: Con Brio is an auditioned all-girls singing group that will rehearse every Monday to strengthen their voices and choral sound. Singers will perform a variety of music, singing traditional and pop songs in multiple parts. Because music reading and pitch matching are required for a successful ensemble, all singers must be in a music class during school. See Mrs. Kaibel for audition information. Auditions will be held on September 12th and 15th, Rehearsals begin on September 19.

Drama Club

Sponsor: Ms. Hetz

Location: Room 702

Meeting Day: Varies

Starting Date: September

Ending Date: May

Description: Drama Club is a club for students that enjoy drama. It is for the student who likes to work backstage as well as the student that likes to perform on stage. This group meets a couple times a year when there is not a show in progress. Please check the announcements to learn the meeting days for this club.



Fall Play

Sponsor: Ms. Hetz

Location: Room 702

Meeting Days: Mondays, Wednesdays, and Thursdays

Starting Date: September 12

Ending Date: November 18

Description: The fall production will be "Cheaper by the Dozen." Auditions will take place Monday, September 12, Tuesday, September 13, Wednesday, September 14 and Thursday, September 15th. The cast list will be posted on September 16th after school. All students who attend Southwest Middle may audition to be in the cast. If you are interested in auditioning or working on the crew, you must pick up an audition/tech crew packet from Ms. Hetz on August 26th.

PLAY DATES: November 17 & 18 2011

AUDITION DATES: Week of September 12th

Improv Team

Sponsor: Ms. Hetz

Location: Room 702

Meeting Days: Mondays, Wednesdays, and Thursdays

Starting Date: March

Ending Date: May

Description: Southwest Middle's Improv Team, Multi-Colored Sharpies, is open to everyone who is interested in improvisation. Improvisation is acting without a script. We will learn the basics of improv through games and ensemble work. Improv Team is a club that is held during times when there isn't a play happening. Listen to announcements for Improv Team Practices

Jazz Band

Sponsor: Mr. Davis

Location: Band Room

Meeting Days: Mondays and Thursdays

Starting Date: September 12

Ending Date: May

Description: Jazz Band is open, by audition, to students in 6th, 7th and 8th grades. 6th grade students should have prior experience on their instrument. All wind players and percussion players need to be enrolled in a band class. Students auditioning for piano, bass, guitar do not need to be enrolled in a band class. Instruments needed include: woodwinds (saxophone, clarinet, flute), trumpet, French horn trombone and baritone, piano, bass, guitar vibes and drum set. The Jazz Band is a high profile, performance oriented group that is very active in the community and will play at a variety of functions including: concerts, festivals, civic functions, meetings, Southwest Showcase, fun fairs, etc., including one major trip. Auditions will be held during the first week of after school activities. Check for sign up sheets on the band room door after the first week of school. Participation at certain Jazz Festivals may require traditional instrumentation of sax, trumpet, trombone, piano, bass, guitar, drums and vibes only.

Fee: \$25.00 for Jazz Band shirt. Transportation & field trip fees. Any field trip usually requires money to cover transportation. Fees and number of field trips vary from year to year, however we plan on one major trip.

Spring Musical

Sponsor: Ms. Hetz

Location: Room 702

Meeting Days: Mondays, Wednesdays, and Thursdays

Starting Date: November 28

Ending Date: March 9

Description: The spring musical will be "The Wizard of Oz." Auditions will take place Monday, December 5, Tuesday, December 6, Wednesday, December 7, and Thursday, December 8. The cast list will be posted on December 9th after school. All students who attend Southwest Middle may audition to be in the cast. If you are interested in auditioning or working on the crew, you must attend an informational meeting on November 28th. Students interested in auditioning will be attending two clinics, Wednesday, November 30 to learn the audition song and Thursday, December 1 to learn the audition dance.



Variations

Sponsor: Mrs. Kaibel

Meeting Day: Thursdays

Starting Date: September 22

Description: Variations is an auditioned all-boys singing group that will rehearse every Thursday to strengthen their voices and choral sound. Singers will perform a variety of music, singing traditional and pop songs. Because music reading and pitch matching are required for a successful ensemble, all singers must be in a music class during school. See Mrs. Kaibel for audition information. Auditions will be held on September 12th and 15th, Rehearsals begin on September 22.

Location: Room 704

Fee: \$10 for t-shirt

Ending Date: April 26

Wind Ensemble

Sponsor: Mr. Davis

Meeting Days: Mondays and Thursdays

Starting Date: September 12

Description: Wind Ensemble is open, by audition, to students in 6th, 7th and 8th grades. 6th grade students should have previous experience on their instrument and may not be allowed to perform at Festival (SLSMEA rules). All wind and percussion players need to be enrolled in a band class. Instruments needed include: all woodwind instruments (especially clarinets), all brass instruments (especially trombones, baritones/euphoniums and tuba) and percussion. The Wind Ensemble is a high profile, performance oriented group that will be very active in the community and will play at a variety of functions including: concerts, festival, civic functions, meetings, etc.... Auditions will be held during the first week of after school activities.

Fee: \$25.00 for Wind Ensemble shirt (same shirt as the Jazz Band). Transportation & field trip fees. Any field trip usually requires money to cover transportation. Fees and number of field trips vary from year to year, however we plan on one major trip.

Location: Band Room

Ending Date: May

CLUBS

Academic Achievement Monitoring Program (AAMP) Tutoring

Sponsor: Ms. Luckett

Meeting Days: Mondays, Wednesdays, and Thursdays

Starting Date: September

Description: AAMP tutoring is offered every Monday, Wednesday, and Thursday based on the AAMP schedule. Students will first need to see Ms. Luckett for a teacher recommendation form. Once accepted into the club, students will attend the AAMP sessions to tutor their peers on the subject/s of their choice. This is a great way to support our school community!

Location: Room 302

Ending Date: May



Academic Challenge

Sponsors: Ms. Hendricks and Mrs. Brauss

Location: TBD

Meeting Day: Mondays

Starting Date: December

Ending Date: After the Tournament

Description: Do you enjoy trivia? Are you interested in learning more? Then ACADEMIC CHALLENGE is the club for you! Academic Challenge is an academic trivia club that allows you to compete against other grade level teams. We will practice throughout the year to prepare for an end of year tournament against other Parkway Middle Schools.

Art Club

Sponsor: Ms. Waelder

Location: Room 709

Meeting Day: Mondays

Starting Date: October 3

Ending Date: April 6

Description: Students will create artwork using a variety of materials and explore different creative processes. Students will also help create the artwork for the school play and musical. Students must be chosen/asked to be in this afterschool activity.

Chess Club

Sponsor: Mr. Vakharia

Location: Room 410

Meeting Day: Thursdays

Fee: \$10 + \$5 if you attend the tournament

Starting Date: September 8

Ending Date: April

Description: Come join us for some friendly games of chess! Meet new friends and enhance your chess skills at the same time. This club is open to all grade levels.

Eclectic Club

Sponsors: Ms. Byrd, Mr. Caltagirone, and Mr. Daniels

Location: Room 104

Meeting Day: Thursdays

Fee: \$15

Starting Date: October 13

Ending Date: May

Description: In this club, students will participate in creative projects and have an opportunity to socialize with other kids outside of the classroom. Some activities include: jewelry making, scrapbooking, candle making, and much more.

Read, Right, Run

Sponsor: Ms. Gillum

Location: Room 202

Meeting Day: Thursdays

Fee: \$15

Starting Date: November

Ending Date: April

Description: The Read, Right & Run Marathon is the youth initiative of GO! St. Louis. It was created to promote reading-proficient, community-minded and physically-fit children. To that end, children are challenged to read 26 books, perform 26 good deeds and run 26.2 miles (50.1 miles for middle school students) over a six-month period. All of that hard work culminates each year when the middle schools students run a 5K (3.1 miles) at our Saturday, April 9th Family Day in Forest Park.



Reading the Nominees!

Sponsor: Mrs. Burger

Location: Library

Meeting Day: Some Mondays

Fee: May need to purchase a book

Starting Date: September 12

Ending Date: TBD

Description: This club will meet approximately once a month to participate in activities, discuss, and reflect on a current MO Award nominee book. Students will be required to read the nominee on their own or during a lunch bunch reading session. The books and dates will be decided on at our first meeting. It is important to attend all sessions and keep up with the reading. New members are welcome to join at each trimester or at the conclusion of a book.

Stream Team

Sponsor: Mrs. Cerutti

Location: Room 113

Meeting Day: Mondays

Ending Date: May 7

Starting Date: September 12

Description: This club is for those who love the outdoors and want to make SWM's outdoor areas better. Family outings may occur as well one Saturday per month. Activities include nature walks, trash pick ups by pond, in woods, in Fish Pot Creek, Honeysuckle cutting, trail blazing and marking, weed pulling, native tree and bush plantings, tree identification and tagging, and member's ideas to help beautify our school campus. Family members welcome afterschool as well.

Student Council

Sponsors: Ms. Hendricks and Mrs. Banks

Location: Room 706

Meeting Day: Thursdays

Ending Date: May

Starting Date: September

Description: Student Council Officers will meet once a month to plan for other student council meetings and the full student council will meet once a month to plan school activities such as spirit days, mixers, service projects etc. Officers will meet on the 2nd Thursday of each month and the full Student Council will meet on the 3rd Thursday of each month.

Yearbook Club

Sponsor: Ms. Gillum

Location: Room 202

Meeting Day: Mondays

Ending Date: May

Starting Date: TBD

Description: Don't you always look forward to the school yearbook? You can be part of the creation of the yearbook for the 2011-2012 school year! We will take pictures and use our writing skills to create a memento that will last forever.



INTRAMURALS

A variety of sports will be offered throughout the school year for all students at Southwest Middle. Please note the tournament dates.

6th Grade: Mondays with Mr. Ribeiro and Ms. Stricklin
7th Grade: Wednesdays with Mr. Ribeiro, Ms. Stricklin, Mr. Houchins, and Ms. Tucker
8th Grade: Thursdays with Mr. Jacoby and Mr. Houchins

Wrestling

Sponsor: Mr. Kreinberg
Meeting Days: Wednesdays
Starting Date: September

Location: Small Gym
Tournament Date: October 19

Fleetball

Sponsors: Mr. Ribeiro, Ms. Stricklin, and Mr. Jacoby
Meeting Day/s: 6th Grade: Mondays 7th Grade: Wednesdays
Starting Date: September
Tournament Dates: Monday, October 24 for ALL grade levels

Location: Large Gym
8th Grade: Thursdays

Cross Country

Sponsors: Ms. Stricklin and Mrs. Reinhart
Meeting Days: Mondays, Wednesdays, and Thursdays
Starting Date: September
Tournament Dates: Wednesday, November 2 for ALL grade levels

Location: Large Gym

Basketball

Sponsors: Mr. Ribeiro, Ms. Stricklin, Mr. Houchins, Ms. Tucker, and Mr. Jacoby
Location: Large Gym
Meeting Days: 6th Grade: Mondays 7th Grade: Wednesdays 8th Grade: Thursdays
Starting Date: Late October
Tournament Dates: 6th Grade: January 18 7th Grade: January 19
8th Grade: January 13, 18, 20, and 23



Volleyball

Sponsors: Mr. Ribeiro, Ms. Stricklin, Mr. Houchins, Ms. Tucker, and Mr. Jacoby

Location: Large Gym

Meeting Days: 6th Grade: Mondays 7th Grade: Wednesdays 8th Grade: Thursdays

Starting Date: February

Tournament Dates: 6th Grade: March 14 7th Grade: March 28
8th Grade: March 29

Soccer

Sponsors: Mr. Ribeiro, Ms. Stricklin, Mr. Houchins, Ms. Tucker, and Mr. Jacoby

Location: Large Gym

Meeting Days: 6th Grade: Mondays 7th Grade: Wednesdays 8th Grade: Thursdays

Starting Date: March/April

Tournament Dates: 6th Grade: April 26 7th Grade: April 25
8th Grade: April 23

Track & Field

Sponsors: Ms. Stricklin and Mrs. Reinhart

Location: Small Gym

Meeting Days: Mondays, Wednesdays, and Fridays

Starting Date: March/April

Tournament Date: May 10