

Parkway North Spring Sports

Begin Feb. 27, 2012

Boys and Girls Track
Baseball
Boys Volleyball
Girls Lacrosse
Boys Golf
Girls Soccer
Boys Tennis
Water Polo begins on Feb. 21

Forms Required Before the First Day

All Athletes must have a physical and an emergency consent form completed before they will be allowed to tryout or practice.

- The forms may be picked up in the Athletic Office or downloaded from the Parkway North website: <http://www.pkwy.k12.mo.us/north/>

-The doctor's physical must be completed and dated after Feb. 1, 2011.

Page 1 – Health History

Page 2 – Required Doctors Physical

Page 3 – Required Signatures from Parent and Student pertaining to Health Insurance and Review of MSHSAA Concussion Information.

(Students must have health insurance to participate)

If you are participating in a fall sport, we have a record of your physical. You do not need to get another physical for sports this year. Your emergency card will be turned in by your fall coach and handed over to the coaches in the winter. It is not necessary to complete another one.

Sign-ups

All students interested in participating in a Winter Sport must sign-up during lunch in the Activities Office beginning Feb. 8. Students who need to turn in a physical and emergency card, should bring them when signing up. Sign-ups allow us to check eligibility, physicals, and transfers before the first day. If you do not sign up before your sport begins, you will be sent to the Athletic Office on the first day of try-outs to complete the necessary paper work. Please do not wait until the last day.

Contact Head Coaches for additional Information:

Boys Track - Jeff Kinney jkinney@parkwayschools.net
Girls Track – Paul Reinisch preinisch@parkwayschools.net
Baseball – Fred Friedman jfriedman@parkwayschools.net
Boys Volleyball – Joel May jmay@parkwayschools.net
Girls Lacrosse – Sara Robertson srobertson@parkwayschools.net
Boys Golf – Jim Parks jparks@parkwayschools.net
Girls Soccer – Wendy Freebersyser wfreebersyser@parkwayschools.net
Boys Tennis – Ron Lefcourt courtcoach@yahoo.com or rlefcourt@parkwayschools.net
Water Polo – David Morey dmorey@parkwayschools.net

Eligibility

All students must be enrolled in 3.0 units of credit during the season. All students must pass 3.0 units of credit during the fall semester of 2011 to be eligible for the spring season. All students must be in good standing as a citizen in the community and at school to be eligible for competitive athletics.

Insurance

Regardless of your sport, there is a possibility of injury. MSHSAA has a catastrophic plan available that kicks in after \$25,000 has been covered by your own plan. There is also a health plan available through Kid Guard that would give you limited coverage for a nominal fee. If you are interested in any of these plans, ask your coach or athletic director for details.

If you have any questions please see Kris Kellams in the Activities Office (415-7637).