



NUMBERS TO CALL WHEN SOMEONE NEEDS HELP

POLICE / EMERGENCY ASSISTANCE: 911

ABUSE/VIOLENT BEHAVIOR:

- ALIVE Hotline 993-2777
(Alternatives to Living in Violent Environments)
Bridgeway - AVA 636-757-2241
(Alternatives to violence and abuse)
Woman's Crisis Line 531-2003
(Women's Support & Community Services)
Child Abuse Hotline 1-800-392-3738
(To officially report abuse)
Catholic Charities 371-4357
Family Resource Center, 534-9350
RAVEN (Serves male clients) 289-8000
Marian Hall Emergency Shelter 531-7233
(Serves girls 12 to 18)
St. Martha's Hall 533-1313
(Safe House for abused women and children)

COUNSELING:

- Care & Counseling (County) 878-4340
Catholic Family Services (City) 544-3800
Catholic Family Services (County) 636-391-9966
Comtrema 636-931-2700
Family Solutions for Kids 504-1935
Family Support Network 644-5055
Hopewell Center (City) 531-1770
Jewish Family & Children's Services 993-1000
Kids in the Middle 909-9922
Lutheran Family & Children's Services
(City & County) 787-5100
PFLAG 821-3524
(Parents and Friends of Lesbians & Gays)
Progressive Youth Connection 963-8368
Provident Counseling (City & County) 371-6500

DRUG AND ALCOHOL ABUSE:

- Overdose or Poison Hotline 772-5200
Alanon 645-1572
Answering service after 5 865-6022
Comtrema Adolescent Center 636-296-6206
Crossroads Drug Abuse Program 636-532-9991
Division of Alcohol & Drug Abuse 877-0370
Life Crisis Hotline 647-HELP (4357)
New Beginnings, CSTAR 367-8989
(24 Hour Crisis Hotline: 1-800-881-3452)
Nat'l Council on Alcohol/Drug Abuse 962-3456

HOSPITALS / EMERGENCY ROOMS

- Barnes/Jewish, ER (Knight Center) 362-9123
Cardinal Glennon's ER 577-5666
Forest Park's ER (Deaconess) 768-3019
DePaul Health Center's ER 344-6360
Missouri Baptist's ER 996-5225
St. Anthony's ER 525-1900
St. John's ER 569-6090
St. Louis Children's ER 454-2644
St. Luke's ER 205-6990

RAPE / DATE RAPE HOTLINES

- Bridgeway (sexual assault center) 636-757-2300
Women Support & Community Service
Crisis: 531-2003
Appointments/Counseling: 646-7500
Safe Connections Crisis Line 531-RAPE (7273)

RUNNING AWAY:

- (If you think you need to run -- run safe. Call...)
Youth Emergency Service Hotline 727-6294
Youth In Need 636-946-3771
Annie Malone 382-5560
Covenant House 1-800-999-9999

STRESS/SUICIDE/CRISIS RESPONSE:

- Behavioral Health Response
Crisis Hotline 469-6644
(Can come to home to assess/assist)
Life Crisis Hotline 647-HELP (4357)
KUTO Helpline 644-KUTO (5886)
Kids Under Twenty One (Staffed by teens)

DON'T KNOW WHERE TO CALL?

- Keep in mind that these are only a few of the many community resources that are available. If you don't know where to call or need other resources, talk with your parents, school counselor, school social worker, school psychologist, doctor, or minister/rabbi/priest.
Mental Health Association 773-1399
(Can help you find a counselor/therapist)
TEL-LINK 1-800-TEL-LINK
(Missouri Department of Health Information and Referral Source)
United Way 421-INFO (4636)
(Information and Referral Line)

Since community information changes from time to time, phone numbers may change during the year.

Compiled by **Dot Kontak**, SSWS, LCSW. Parkway School Social Worker, Central Area **314-415-7920**