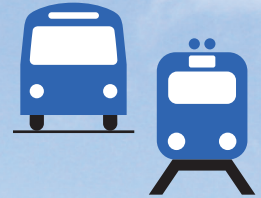


# Go Green:

## Do Your Share for Cleaner Air!

### TIPS TO HELP CLEAR THE AIR:

- Try transit! Use the bus or MetroLink whenever you can. Visit [www.metrostlouis.org](http://www.metrostlouis.org), [www.mct.org](http://www.mct.org) or [www.cmt-stl.org](http://www.cmt-stl.org) to learn how.
- Visit [www.gatewayguide.com](http://www.gatewayguide.com) or use MoDOT's 511 travel information number to get real-time traffic information that can help you plan your route to avoid traffic tie-ups.
- Save gas money and our air! Carpool or vanpool. Visit [www.ridefinders.org](http://www.ridefinders.org) to learn more.
- Consider carsharing to get to midday errands and meetings on days when you take transit, walk or bike to work.
- Make your next car a fuel-efficient vehicle.
- Make sure your car is properly maintained. Good car care helps keep the air clean.



- Avoid using gas-powered garden equipment between 10 a.m. and 7 p.m.
- Reduce, reuse, recycle – in that priority order. This helps conserve energy and reduces pollution and emissions created during resource extraction, manufacturing and disposal.
- Utilize reusable bags when you shop. Choosing to shop with a single reusable bag for one year replaces 300 plastic bags and reduces the pollution and emissions associated with the manufacture and transport of disposable bags.
- Choose organically and locally-produced foods. Organic farming uses naturally-occurring inputs like fertilizer, which require less processing. Plus organic and local food travels fewer miles from farm to market, resulting in less pollution from transport sources.
- Conserve energy. Adjust the thermostat at home and at work, use a ceiling fan and turn out the lights.
- Use compact fluorescent light bulbs. If every household replaced three 60-watt incandescent bulbs with compact fluorescent ones, the reduction in pollution would be equal to removing 3.5 million cars from the road.
- Lower your air conditioning bills by planting shade trees, tall grasses and shrubs around your house.
- Avoid using chemicals containing volatile organic compounds (VOCs) such as spray paint, paint thinner, oil-based paint, pesticides, glues, solvents, weed killer, etc.
- Use green cleaning products. Green products are free of the toxic chemicals used in traditional cleaning products which are high in irritants and volatile organic compounds.



For helpful links to more information on the tips above, visit the St. Louis Regional Clean Air Partnership's website at: [www.cleanair-stlouis.com](http://www.cleanair-stlouis.com).

ST. LOUIS REGIONAL  
**CLEAN AIR**  
PARTNERSHIP

 **AMERICAN LUNG ASSOCIATION**  
Fighting for Air

*The St. Louis Regional Clean Air Partnership is independent of and not affiliated with nor sponsored by the Parkway School District or the Parkway Board of Education. The views, opinions, and programs of the St. Louis Regional Clean Air Partnership therefore do not necessarily represent those of the Parkway School District.*

